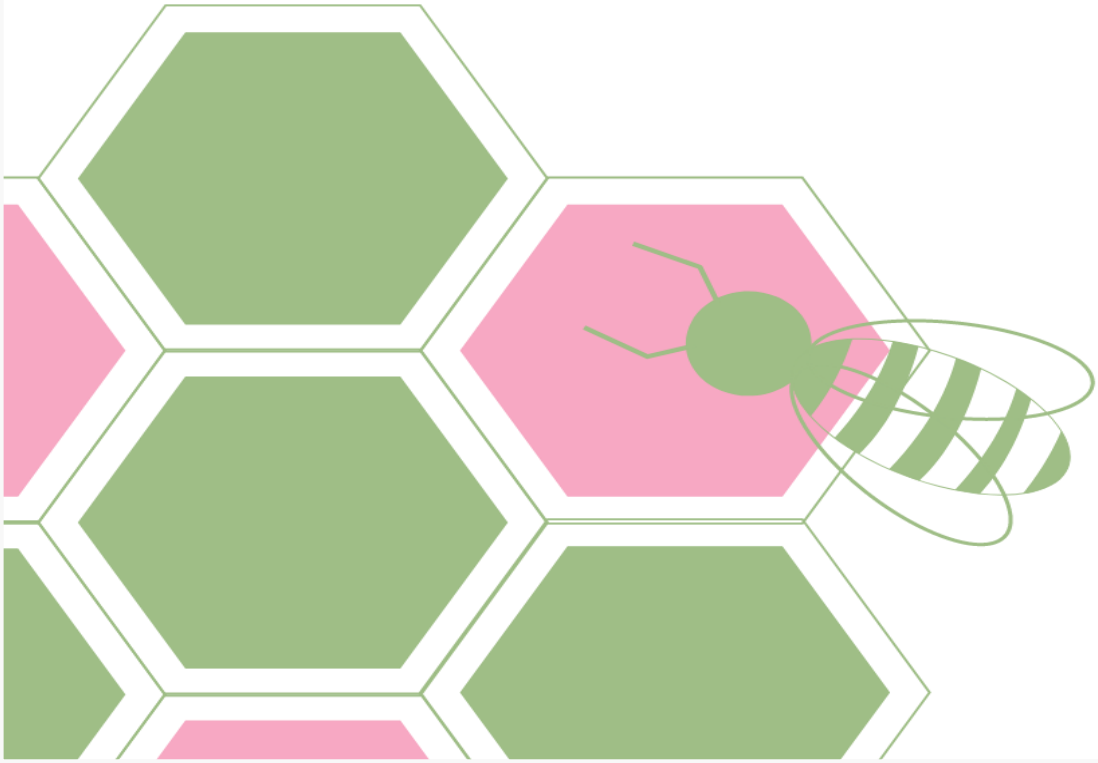
# Intimate Care Policy

CHAPEL BREAK INFANT SCHOOL

Building a culture of kindness, community, curiousity and excellence



## Updated November 2021

**Rationale**

All children at Chapel Break Infant School have the right to safety, privacy and dignity and are entitled to this at all times. Occasionally a child requires some help and support with intimate and personal care, which can include toileting, medical care, feeding, drinking, undressing and washing. Very occasionally a child may require assistance with their personal and intimate care needs. At all times the adults involved in assisting a child should maintain the highest standards of safety, privacy, respect, and dignity of the child. All children dependent on their abilities, understanding, and maturity will be encouraged to act as independently as possible. The nature, circumstances and context of the contact that adults have with children should comply at all times with professional codes of practice and professional standards. Adults need to be vigilant about their own behaviour, ensure they follow agreed guidelines and policies and be mindful of the needs of the children with whom they work.

## 1. Definitions

**Intimate Care**

Intimate care involves supporting children with toileting and/or cleaning, where intimate physical contact may occur. To preserve the child's privacy and dignity **one adult** will normally be in attendance. That member of staff will inform another member of staff where they are.

## 2. Procedures

Adults at Chapel Break Infant School will:

• Ensure one adult is present for any intimate care and that they inform another member of staff where they are. Where there are concerns around Child Protection, previous allegations or moving and handling issues then two adults should provide care. Knowledge of the child should be used to assess the risk.

It is essential that all staff are familiar with the Safeguarding Policy and Procedures, and if there are any concerns, they should be recorded and discussed with a member of the school's Designated Safeguarding Team.

The school will ensure that parents have given consent for their child to receive intimate care if they are not yet toilet trained and regular nappy changes need to occur. Parents will support the school to deliver toilet training, if the child is ready.

If the child has some accidents, especially in the beginning of their journey into education, it is a given that staff will support children in changing if they have an accident.

All staff providing intimate care will;

• Adhere to this policy.

• Make other staff aware of intimate and personal care tasks being undertaken.

• Explain to the child what is happening at all times.

• Avoid any unnecessary physical contact when children are in a state of undress.

• Avoid any visually invasive behaviour.

• Announce their intention of entering toilet areas.

• Encourage appropriate behaviour by children with other children and adults at all times.

• Behave appropriately with children at all times.

• Ensure that toilet doors are closed when children are using these facilities independently and ajar when adults are changing children.

• Use and encourage appropriate language between themselves and children at all times.

- **Covid adaptions to Intimate Care Policy:**

- Adults involved in Intimate Care should wear PPE (disposable apron, disposable gloves, face mask and visor).

- Apron, gloves, face mask- to be disposed of in nappy bin.

- Visor to be cleaned with sanitiser spray after each child.

-Soiled/wet clothes to be double bagged.

**Children Wearing Nappies**

The parent should provide nappies and should be made aware of this responsibility. Staff need to inform parents, in good time, if nappies and wipes are running low.

Nappy changes are regularly recorded on our toileting chart. We also use this chart for children who are in the early stages of toilet training.

# Intimate care plan

Use this template for pupils who need regular support with toileting, washing and/or changing.

| PARENTS/CARERS | |
|---|---|
| Name of child | |
| Type of intimate care needed | |
| Name of senior member of staff responsible for making sure care is carried out according to the intimate care plan | Melanie Rymer |
| Name of parent or carer | |
| Relationship to child | |
| Signature of parent or carer | |
| Date | |