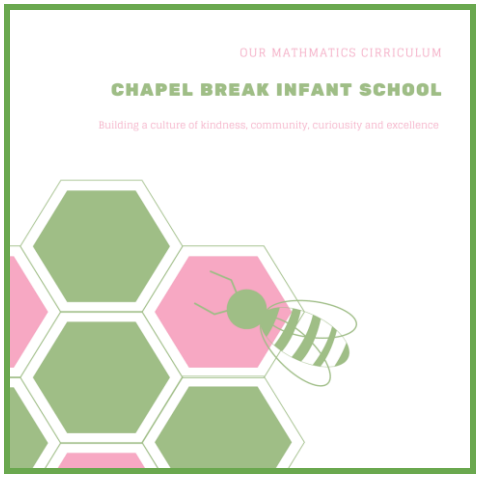

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Headteacher: Mrs A Turner

16/9/22

Dear Parents/Carers,

We run a daily sensory circuit session in school to support children who might need some extra support with motor skills, attention and focus, energy levels, sensory processing. Your child has been selected for this intervention.

Participation in a short sensory circuit has been proven to energise and settle children into the day. The main aim is to focus concentration in readiness for the day's activities.

We run our sensory circuits every morning from 9.05 to 9.25. Children come out of class for this and are supported by staff in the hall. They don't require a change of clothes but we do take off shoes and socks to ensure we can run around and use the equipment safely.

The sensor circuit provides a sequence of activities done repeatedly to provide the child with the right type of sensory input in order to calm and organise them for the day ahead. The idea is to start with alternating, move to an organisation stage and then finally to a calming phase.

It would help us if you could support your child with taking off shoes and socks and putting these back on again (if they can't already do this) and talking to your child about what they do in sensory circuits.

You can also use our information from the website to set up sensory circuits at home during the weekends and holidays and see if this helps them with regulating and getting ready for activities.

If you have any questions about sensory circuits, please speak to your child's class teacher or Mrs Bishopp, our Interventions Teacher.

Regards,
Melanie Rymer
Deputy Head/SendCo/PSHE/Mental Health Lead

Ofsted Outstanding 2009|2010
Enhanced Healthy School Norfolk
Norfolk County Council @ your service
Arts Council England ARTSMARK GOLD